



Brimstone Spa Therapies

Monday to Friday – 10am to 6pm / Saturday & Sunday – 10am to 4pm

Booking & enquires - ext: 514 / 015394 38014

brimstonehotel.co.uk



Welcome to Brimstone Spa.

We only believe in working with the very best skincare producers, which is why we have teamed up with Pure Lakes to develop our own, exclusive spa product brand -

Pure Alchemy

These products are handmade in small batches using natural, sustainably and ethically sourced ingredients and premium quality essential oils.

Our Trusted Spa Partners

Skeyndor

Science Creates Beauty. Effective, innovative formulas using products free from parabens, mineral oils and animal origin. Resulting in scientifically proven results.

tRiBe517

A collection of ethical loveliness. The formulation in the base ingredients in these tribal wonder treatments are premium grade, natural, fairly traded & organic wherever possible.

All of our treatments are designed to leave you feeling like your very best self.



SKEYNDOR



Couples Treatments

If you'd like to share your luxury spa experience with someone special, our dedicated private spa room offers a exclusive and relaxing space for two. All of our spa therapies and rituals are available to enjoy in the private treatment room.

SKEYNDOR

SCIENCE creates BEAUTY®

The Skeyndor Facial Collection

Each facial treatment combines our scientifically advanced products with exclusive treatment techniques, delivered by hand and the latest beauty technology. This exquisite combination produces effective and long-lasting results, whatever your concern may be. Each treatment follows a serene journey, promoting ultimate relaxation and unrivalled results.

Skin Scanning

Personalised Face Diagnosis

Understanding what your skin is like and the conditions it presents is essential for choosing the ideal treatments and for knowing how to combine them, as well as for deciding in which season of the year they will act most effectively. The Skeyndor face diagnosis will help us to approach your skin in a personalised manner. Because your skin, just like you, is unique.

£30* / Duration: 15-30 minutes

*redeemable against any 2 Skeyndor products bought

Ultra Anti-Ageing Stem Cell - Timeless Prodigy Programme

A new dimension in cosmetic treatment based on multi-genic technology which awakens the youth of your skin genes, impacting cell ageing. Stem cells are the key to this innovative intensive facial rejuvenation treatment, aimed at correcting and preventing wrinkles, expression lines, sagging, and loss of elasticity, and bringing back softness, firmness, and flexibility.

An exclusive ground-breaking anti-ageing repair programme.

£250 / Duration: 105 minutes

Eternal Redensifying Treatment

Skin stem cells are extraordinary: they can multiply almost infinitely. Eternal stimulates regeneration in each and every layer of the skin, reversing the cellular ageing process known as senescence. The result is redensified, younger-looking skin for eternal beauty.

£225 / Duration: 90 minutes

Hydration with Power Hyaluronic Acid

Power Hyaluronic Facial is a hydrating and plumping treatment designed to replenish moisture and restore a youthful glow to your skin. This facial harnesses the power of Hyaluronic Acid, a superstar ingredient known for its exceptional hydrating properties. Suitable for all skin types, especially those with dry or dehydrated skin, it is an excellent choice for anyone seeking deep hydration, improved skin elasticity, and a plumping effect to reduce the appearance of fine lines and wrinkles.

Vitamin Drench - Power C+ Brightness

The Skeyndor Power C+ Facial is designed to target dull, uneven skin tone, and signs of aging caused by environmental factors and sun damage. Vitamin C, a potent antioxidant, is known for its ability to brighten the complexion, fade dark spots, and protect the skin from free radicals. The Skeyndor Power C+ Facial is suitable for all skin types, particularly those with hyper-pigmentation, sunspots, or a dull complexion. It is an ideal choice for anyone seeking to restore radiance, diminish dark spots, and improve overall skin texture.

Aquatherm Hypoallergenic Treatment

Featuring The Skeyndor Aquatherm Facial is specifically formulated to address the unique needs of sensitive and delicate skin types. This facial utilises the power of thermal water and gentle, calming ingredients to provide relief and restore balance to your skin. The Skeyndor Aquatherm Facial is suitable for individuals with sensitive, reactive, or easily irritated skin. It can help to reduce redness, calm inflammation, and restore the skin's natural balance. Regular treatments can result in improved skin comfort, reduced sensitivity, and a more even complexion.

£175 / Duration: 50 minutes

Expert Cleanse Pro Facial

Perfectly clean skin, without a trace of impurities, is not only more beautiful but also more receptive. Renewal, repair, cleansing, and conditioning of your skin is the optimal starting point before any treatment. A session of absolute well-being.

£125 / Duration: 50 minutes

The Skeyndor Exfoliation Collection

Reveal Decadently Smooth and Enlivened Skin

Just as a diamond needs to be polished to reveal its beauty, our skin needs to be purified. From the gentle nourishment of the most delicate avocado and sesame to the strength of the most resilient thermal salts, there is a jewel of nature to renew and revitalise every skin type.

Thermal Salt Scrub

Invigorating – Remineralising

An invigorating and stimulating exfoliation that leaves the skin feeling smooth and nourished. The scrub has anti-inflammatory properties, re-mineralising the skin and helping eliminate toxins by osmosis. The exfoliating particles from Salies-de-Béarn feature a concentrated composition rich in minerals, in particular magnesium, which helps restore the skin's barrier and retain optimal skin health.

Charcoal Mud Exfoliation

Detoxifying – Hydrating

A detoxifying and purifying exfoliation that aids in the elimination of impurities. Organic black mud from Eastern Europe is over 90% organic, purifying and revitalising the skin, whilst encouraging complete skin renewal.

Orange and Apricot Cream Exfoliation

Illuminating – Smoothing

The antioxidant properties illuminate and oxygenate the skin, leaving it looking bright and radiant. It has a gentle exfoliation action, making it ideal for all skin types. Its beautiful fruit aromas make this a summertime favourite.

Sesame and Avocado Butter Exfoliation

Renewing – Nourishing

Nourishing avocado and soothing sesame oil create a renewing, smoothing all-over body exfoliation, a delectable treat for even the most sensitive skins. A feeling of complete hydration and skin rejuvenation is achieved.

£130 / Duration: 50 minutes

Couples: £255 / Duration: 50 minutes

Not suitable for pregnancy, skin sensitivities and cancer related conditions - Please see tRiBe517 Beautiful Hero & Mama Love Treatments.

The Skeyndor Wrap Collection

Cocoon the Body, Envelope the Skin, and Relax the Mind

There is a jewel of nature for every skin type. Powerful ingredients penetrate and surround the skin in the enveloping caress of nature, a sensorial treatment that cocoons the entire body, providing deep nourishment and revitalisation with exquisite textures.

Sapphire Cream Wrap

Luminosity – Invigorating

Creamy and energising body wrap containing sapphire particles that revitalise and nourish the skin, leaving it radiant and bright. It adds luminosity while deeply renewing the skin. It boosts blood circulation by relaxing the muscles and increases the body's overall relaxation. Perfect for people who suffer from insomnia or stress.

Hematite Mud Wrap

Remineralising – Moisturising

This organic mud wrap, which contains hematite extract and water from Salies-de-Béarn, reinforces the skin's natural defences and speeds up repair thanks to its firming and re-mineralising properties.

Green Tea Effervescent Wrap

Purifying – Renewing

This effervescent body wrap with a warming effect boasts detoxifying properties that help eliminate liquids, toxins, and impurities that accumulate in the skin and tissues. It also boosts cell oxygenation. In addition, this wrap is a powerful antioxidant that helps protect and repair skin damaged by free radicals.

Glacier Water Cooling Gel Wrap

Draining – Stimulating

Stimulating pink pepper, peppermint, and glacier water have an immediate calming and cooling effect. Its refreshing properties relieve the feeling of tiredness and reduce heaviness. It activates micro-circulation and helps prevent inflammation, including fluid retention.

£130 / Duration: 50 minutes

Couples: £255 / Duration: 50 minutes

Not suitable for pregnancy, skin sensitivities and cancer related conditions - Please see tRiBe517 Beautiful Hero & Mama Love Treatments.

The Skeyndor Rituals Collection

Complete Decadence, from Head to Toe Indulge the Mind, Body, and Senses

Authentic rituals of well-being: exclusive jewels for the skin applied through exfoliating scrubs, wraps, and massages that purify, nourish, and relax the body and mind. Their exclusive scents and unique textures melt into the skin to leave an instant feeling of silkiness and well-being. Four complete rituals with an exclusive combination of active ingredients and products that work in synergy to treat the skin, relax tensions, and activate vital energy.

A unique welcome massage begins every complete body ritual, your specialised therapist chooses from Anti-Stress or Recharging depending on your needs..

// Anti-Stress Welcome Ritual - With the relaxing and soothing lavender and cinnamon essence which relieves fatigue and adds a feeling of wellness

or

// Recharging Welcome Ritual - With the stimulating and re-energising ginger and bitter orange essence which activates lost vitality.

Which Ritual Is For You?

Luminosity & Energy - **Energising**

Moisturising & Firming - **Remineralising**

Purifying & Renewing - **Detoxifying**

Stimulating & Draining - **Circulation Activating**

£250 / Duration: 100 minutes

Couples: £495 / Duration: 100 minutes

Not suitable for pregnancy, skin sensitivities and cancer related conditions - Please see tRiBe517 Beautiful Hero & Mama Love Treatments.

Energising Body Ritual

Luminosity – Energy

A beautiful orange and apricot peel full of antioxidants and illuminating properties which will renew and oxygenate the skin, followed by the sapphire cream wrap to leave the skin energised and with a sapphire diamond luminosity. This experience is completed with the indulgence of the malachite massage balm with a full body massage.

Remineralising Body Ritual

Moisturising – Firming

A Thermal Salt Scrub will give you an invigorating intense exfoliation ideal for tired, dull skin. The particles from Salies-de-Béarn feature a concentrated composition of rich minerals, in particular magnesium. After an invigorating shower, the Hematite mud wrap, which contains hematite extract and water from Salies-de-Béarn, reinforces the skin's natural defences and speeds up repair, firms, and renews the skin. The final part of the ritual is a massage to complete the ritual with Indian spice oils to rebalance the body, a mental and physical relaxant. Rich in sesame seed oil for vitamin E, black cumin seed oil for flexibility, and coconut oil to relax the body and repair.

Detoxifying Body Ritual

Purifying – Renewing

The organic Eastern European mud and bamboo charcoal peel has detoxifying and purifying properties that will leave the body clean, smooth, and purified. With fine black volcanic sand properties for exfoliation that will provide a natural and intense exfoliation. The cream-mud texture will then be showered off and the detoxifying green tea effervescent wrap will bring a wonderful warming experience, making it a perfect energising, refining, and purifying experience. Finishing with a bamboo and lotus-rich massage cream for a Skeyndor full body massage.

Circulation Activating Body Ritual

Stimulating – Draining

This is a stimulating and draining therapy. After a welcome massage, you will be lavished with the sesame and avocado butter peel. The soft intensity of this scrub nourishes the skin, leaving it hydrated and smooth. Sesame and avocado oil nourish the skin's surface layers as it soaks up the peel. The wrap is a glacier water cooling gel wrap for the legs, perfect for tired legs and poor circulation. Its ability to activate circulation will relieve the sensation of heaviness. To complete this circulation activation ritual, a cannabis massage cream allows a deep massage to improve blood flow and drainage.

The Skeyndor Bespoke Collection

A truly one of a kind experience, only to be found in the luxury of Brimstone Spa.

Begin with an **in-depth consultation** with your therapist to ensure the perfect treatment flow and desired outcome.

Calming Welcome Touch

Start your journey with a soothing touch to put you into a state of relaxation.

Full-Body Exfoliation

Using one of our luxurious Skeyndor scrubs, repair, restore, and relax your skin.

Private Steam Room

Rest in your own private steam room, allowing the products to deeply nourish your skin.
Afterward, enjoy a sensory shower.

Wrap and Scalp Therapy

The chosen wrap will work in harmony with your exfoliation.
While the wrap does its magic, you will receive a scalp touch therapy.

Facial or Massage

Once the wrap is removed, finish this bespoke therapy with your, therapist recommended, facial or massage.

Post-Treatment Sensory Room

Complete your journey in our post-treatment sensory room with a relaxing herbal tea or refreshing water.

£300 / Duration: 110 minutes
Couples: £595 / Duration: 110 minutes

Skeyndor Signature Massage

Skeyndor's Spa Senses Signature massage offers a sensory journey through a selection of exquisite fragrances, melting textures, and extraordinary ingredients from the five continents of the world.

Malachite Massage Balm

For relaxation using its aromatic spices and essential oils to boost relaxation, relieve stress, and protect the skin.

Deep Pacific Cannabis Massage Cream

To achieve dreamtime relaxation, with calming cannabis oil extract and vitamin E, excellent for skin health and circulation.

Indian Spice

To activate your energy points and return to a state of inner harmony, rebalancing the body and mind.

Soy and Orange Candle

This candle isn't just for ambience; it also becomes a hot, moisturising massage oil.
(vegetable-based wax)

Bamboo and Lotus Cream

For recharging and energising to achieve a holistic sense of well-being.

£130 / Duration: 50 minutes
Couples: £255 / Duration: 50 minutes



Pure Alchemy Bespoke Spa Treatment Experience

Inspired by our home, our bespoke spa product range Pure Alchemy incorporates natural elements from the Lake District.

Full Body Massage

Put your trust in our skilled therapists to create a bespoke 50 minute full body massage created for your personal lifestyle. Designed just for you, using our bespoke Pure Alchemy blends, relax and enjoy your perfectly tailored treatment.

Brimstone Rain

An aromatherapy experience not to be missed. Therapeutic earth tones of Storm to energise the feet. Rain for the scalp to calm and soothe the mind. Mist for the spine with evergreen healing properties. This 90-minute ritual includes a feathering application of the essential oils, gentle massage to soothe the back and legs and a scalp energy hold and décolleté massage. From German chamomile and clary sage to ground your feet, followed by the spiritual oils of frankincense and rose for scalp and herbal essences for realignment of the spine. This ritual is performed and created by our own aromatherapist Helen, who specialises in a meditative massage which can facilitate a healing space.

£125 / Duration: 50 minutes

Brimstone Spa Rituals

Brimstone Spa Rituals combine treatments to help you feel revived or utterly tranquil. The soothing processes involved helps to calm the mind and prepare the body to receive the benefits of each treatment's restorative aspects. Bringing the serenity of nature to your mind, body & skin. Feel restored from the stresses of modern day living, cleansed of pollution and relieved from restlessness & agitation.

Brimstone Healing Honey

A full body massage with a creamy warm blend of oils to heal, restore and nurture. Melt away into a state of bliss as hot towels compress, this luxurious body massage will leave you melted and relaxed for the rest of the day. This is a soothing head to toe experience leaving you in a harmonious state of floatation, to ensure this is a total body heal we turn you over for the award winning Tribe517 honey mask and honey butter will have skin so soft and renewed you won't stop touching your face

Brimstone Mountain Relief

Whether you need to recover from a day on the fells, or a day exploring the Lakes, this sumptuous treatment will target the body parts crying out for some relief. Starting with a gentle foot cleanse, followed by a scrub, leg mask, hot towel and massage. Whilst relieving the aches and pains of your hiking expeditions through a reliving massage of the back neck and shoulders.

£200 / Duration: 90 minutes

Not suitable for pregnancy, skin sensitivities and cancer related conditions - Please see tRiBe517 Beautiful Hero & Mama Love Treatments. Subject to availability.

Body Treatments

tRiBe517 believes in the wellness of the planet, the therapist and the guest enjoying treatment, hence their experiences are created with love from sustainable and natural product.

Brimstone Recovery

This do not disturb full body massage with a creamy warm blend of oils and pure wild honey to heal, restore and nurture. Melt away into a state of bliss as hot towels compress, this luxurious body massage will leave your muscles melted and relaxed for the rest of the day. This is a soothing, no turning experience leaving you in a harmonious state of flotation.

Brimstone Fell Walker

Blending a reflex style healing for your worn feet to detoxify your energy channels, and a pressure point inspired luxe back massage. You'll experience a truly reviving experience. Enhanced with hot towels, hot barley bags and additional nourishment with turmeric and magnesium paste promoting health and sleep. Leaving your back and feet in a rest slumber state.

Brimstone Revival

A blended back, face and scalp massage using Tribe 517 nut free superfood ONE collection. Sweet Orange and Vanilla together with white chocolate will reset and revive your upper body. Breathe in the elegant fragrances, enjoy the supremacy of touch, and allow your body to sink into oblivion.

Celebration of Woman

A celebration of femininity with a rebalancing face and body massage treatment. Including back massage with cooling ceramic orbs, face and scalp massage. Wild honey with tuberose, hyacinth and narcissus butter and mask, and White Chocolate, Orange Blossom Cream. Experience the perfect balance your own way. Cool compresses, and calming skin mask for ladies in their salubrious prime, an alluring experience to enhance sleep and clear your mind of over-thinking.

Mama Love

Tender Loving Care for the second and third trimesters of pregnancy and beyond. A cocooning soothing massage encouraging sleep and relaxation, with warm blankets, pillows and a natural whipped blend of butters.

Brimstone Renewal

A comforting warm cleansing foam for your back, neck, and shoulders, followed by an enriched polish that will gently exfoliate. Hot towels heat the muscles ready for a relaxing massage. Feel the power of touch encouraging your mind to rest, lift your spirits, and renew fatigued muscles.

Brimstone Rebalance

Botanical remedies bring a new found energy and clarity of mind together with body, face and head relaxation. Your skilled therapist will help select the botanical flower remedy most suited for you. Starting with a limb stretch and chakra clearing using your chosen balm, this body, face and scalp massage will lend your whole self to relax and comfort itself.

Hot Rocking Relax

Full body realignment massage for rocking relaxed muscles and mind. Melting warm Hypnotic Sleep Balm with petitgrain and black pepper combined with smooth, hot ceramic pods delivering intense pleasure for tired bodies, aching muscles and fraught minds.

Beautiful Hero

Succumb to this full body rhythmical well-being touch of warmth to comfort your soul, treat your skin and lift your spirits. For those with sensitivity, fragile conditions, and living with or recuperating from disease, Cancer and sickness. Using a whipped delight of pure natural butters.

£125 / Duration: 50 minutes
Couples: £245 / Duration: 50 minutes
+ 2 Hour Spa Thermal Access £355

Facials

Wild Honey Healing Facial

A truly naturally healing experience, with a massage of pure warm wild honey and flower absolutes, this restorative facial is suited for all skins. Honey butter to tighten the complexion and give a radiant glow. Refine contours with the actif8 massage, and feel calmed and nourished.

Glass Beauty Facial

This is the ultimate luxe treatment to even your complexion, skin tone and texture. Resulting in a healthy sheen, your skin will look luminous and healthy. Experience an exfoliating massage that will smooth and soothe, whilst encouraging intense hydration and promoting a more youthful appearance. Lie back and relax as the suite fills with the unmistakable power and scent of orange blossom and white chocolate – Perfect for water thirsty skins, and younger and oily skins also.

Pink Blush Sculpt Facial

Featuring our PINK collection, this is the perfect facial to leave your skin dewy and perfectly blushed. A treat for your face and hands, this treatment leaves your skin feeling radiant and your mind feeling revived as you're enveloped in the dazzling scent of Palma Rosa. An enriching ideal for pro age treatment, or sensitive skins.

£125 / Duration: 50 minutes

Brimstone Express Treatments

Expert Cleanse Pro Facial

Enjoy perfectly clean skin, without a trace of impurities. Renewal, repair, cleansing, and conditioning of your skin.

Brimstone Facial

Enjoy a beautiful natural Tribe517 Express Facial to renew and refresh your skin.

Back, Neck & Shoulder Massage

Enjoy the luxurious blends of Pure Alchemy for a spellbinding 25 mins of recalibration and relaxation with an express back, neck and shoulder massage.

£65 / Duration: 25 minutes

Monday to Friday – 10am to 6pm / Saturday & Sunday – 10am to 4pm

Booking & enquires - ext: 514 / 015394 38014

brimstonehotel.co.uk